

The Concept of Sexual Health in Switzerland

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We will be talking about...

1. Definitions (sexual health, sexual rights, ...)
2. SEXUAL HEALTH Switzerland

Its Mission and the Concept of Sexual Health in Switzerland

1.

Definitions

2006: Definition of sexuality (WHO)

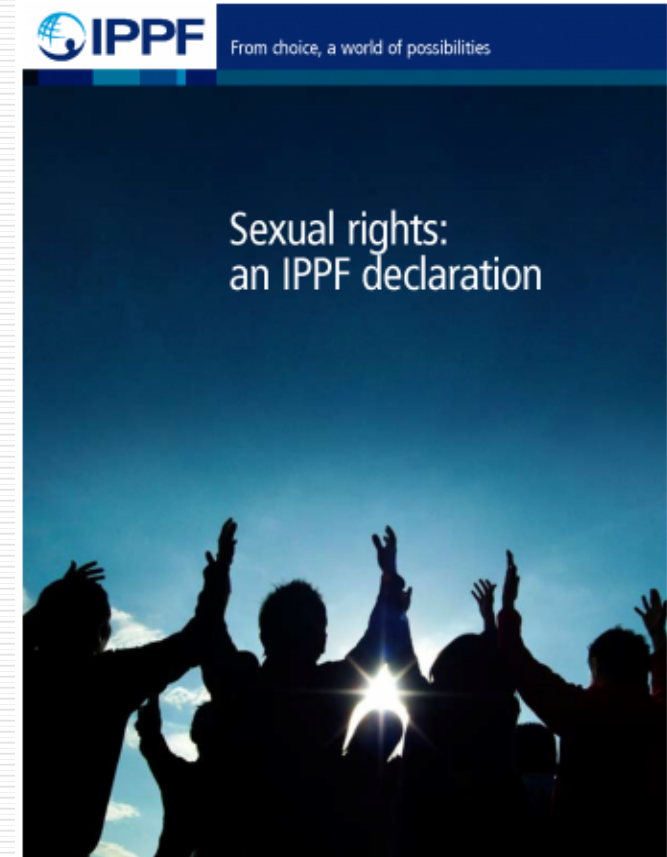
- ❑ Sexuality is a central aspect of being human throughout life.
- ❑ It encompasses sex, gender identities and roles, sexual orientation, eroticism, pleasure, intimacy and reproduction.
- ❑ Sexuality is experienced and expressed in thoughts, fantasies, desires, beliefs, attitudes, values, behaviours, practices, roles and relationships.
- ❑ Sexuality is influenced by the interaction of biological, psychological, social, economic, political, cultural, legal, historical, religious and spiritual factors.

2006: Definition of sexual health (WHO)

- ❑ Sexual health is a state of **physical, mental and social well-being** in relation to sexuality. It is not merely the absence of disease, dysfunction or infirmity.
- ❑ Sexual health requires a **positive and respectful approach to sexuality** and sexual relationships, as well as the possibility of having **pleasurable and safe** sexual experiences, free of coercion, discrimination and violence.
- ❑ For sexual health to be attained and maintained, the **sexual rights** of all persons must be respected, protected and fulfilled.

2008: IPPF's declaration on sexual rights

- ❑ Sexual rights are human rights, related to sexuality
 - Constituted by a set of entitlements related to sexuality
 - They emanate from the rights to freedom, equality, privacy, autonomy, integrity and dignity of all people
- ❑ Contains three parts
 - Preamble
 - 7 guiding principles
 - 10 sexual rights
- ❑ Advocacy tool



2008: IPPF's declaration on sexual rights

□ Sexual rights relating to infertility issues

- «Right to health and to the benefits of scientific progress» (Article 7)
 - Right to the enjoyment of the highest attainable standard of physical and mental health.
 - Have the right and means to **access or refuse** reproductive health technologies, services or medical interventions (...) **without discrimination**.
- «Right to choose whether or not to marry and to found and plan a family, and to decide whether or not, how and when, to have children» (Article 9)
 - The right to counselling and other services related to reproduction, infertility and pregnancy termination, (...)
 - The right to make free and responsible choices regarding reproduction and family formation (...), to decide whether or not to have biological or adopted children (...)

SEXUAL HEALTH Switzerland

Its Mission and the Concept of Sexual Health

Definition of sexual health for Switzerland – FCSH 2015

- **Sexual health: definition for Switzerland, based on 5 core areas of action (2015)**
 - Sexual health as part of mental health
 - Reproductive health
 - HIV-STI-RTI (Reproductive Tract Infections)
 - Gender based violence
 - Comprehensive sexuality education

To be considered in a holistic and linked approach.

Sexual health in Switzerland: a large network...

- ❑ Sexual health and family planning services, sexuality education services
- ❑ Gynaecologists, maternity clinics, physicians, general practitioners, midwives, etc.
- ❑ Aids services, testing and counselling centers, HIV-treatment clinics
- ❑ Organisations of homosexual people, organisations of people living with disabilities, migrants, etc.
- ❑ Schools, teachers, school health services
- ❑ Actors in the field of (sexual) violence
- ❑ Actors in the field of migration
- ❑ Professional organisations
- ❑ Youth structures
- ❑ Chemists
- ❑ Swiss Aids Federation
- ❑ SEXUAL HEALTH Switzerland
- ❑ Alliance for sexuality education <http://www.alliance-educationsexuelle.ch/>



SEXUAL HEALTH Switzerland

- ❑ Organisation that promotes the **sexual rights** in **Switzerland**
- ❑ Swiss member of IPPF (International Planned Parenthood Federation)



SEXUAL HEALTH Switzerland

Official partner of the federal office
of public health
for the implementation of the
national prevention programme of
HIV/aids and other sexual
transmitted infections 2011-2017



OUR VISION

«All persons have, throughout their entire life, access to information, education, counselling and health services that they need in order to live the best possible sexual and reproductive health in full security, liberty and responsibility.

All persons know their rights and their rights will be respected.»

« Toute personne, tout au long de sa vie, bénéficie de l'accès aux prestations d'information, d'éducation, de conseil et de soins dont elle a besoin pour lui permettre de vivre la meilleure santé sexuelle et reproductive possible en toute sécurité, liberté et responsabilité.

Chacune et chacun connaît ses droits et ceux-ci sont respectés. »

SEXUAL HEALTH Switzerland

Partnership for the training for sexual and reproductive health counsellors

Partner of

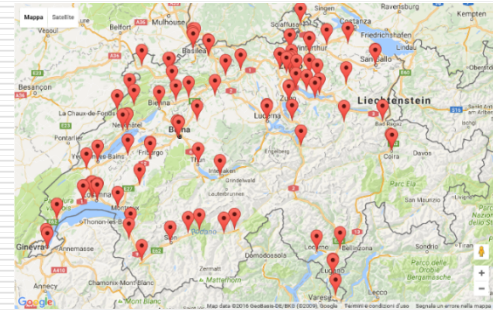
- Lucerne University of Applied Sciences and Arts
- Haute école de travail social Genève (hets)
- Universities of Geneva and Lausanne
- 3 professional associations in sexual health in Switzerland

Award of professional title « Expert of sexual health in education and counselling, SEXUAL HEALTH Switzerland »»

SEXUAL HEALTH Switzerland

Our members:

- ❑ Sexual health centers
(family plannings, sexuality education services)
- ❑ Aids services
- ❑ **3 professional associations** (FASEG, ARTCOSS, ARTANES)
- ❑ **Other organisations** that support and promote sexual and reproductive health and rights (SRHR)



Services related to infertility issues

□ **Sexual Health Centers specialised in reproductive health issues**

- Offer services around pregnancy, post-partum care, abortion, contraception, fertility/infertility, pregnancy lost, sexuality, gender based violence, etc.

Services related to infertility issues are for example

- Counselling around the issues of fertility and infertility
- Psychological support to women and couples before starting an infertility treatment (according to the Federal Act on Medically Assisted Reproduction RMA)
- Information about Sexual Health and Rights
- Information about Fertility Awareness Methods
- Counselling around adoption
- Counselling for people LGBTI with a wish for a child
- Counselling about prenatal diagnosis (Swiss law on genetic testing of humans)
- Networking with institutions specialized in fertility policies and treatments
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Free of charge, depending on the mandate of the respective canton

Our main websites



CONSEIL

www.sante-sexuelle.ch/centres

Les centres de santé sexuelle en suisse sont ouverts à toutes et tous et la plupart de leurs prestations sont gratuites.



INFORMATIONS EN PLUSIEURS LANGUES

www.sex-i.ch

Informations sur les thématiques de la santé sexuelle en plus de 10 langues.



MATÉRIEL D'INFORMATION

www.sante-sexuelle.ch/shop

Brochures et autres supports d'information gratuits, préservatifs féminins ou masculins, etc.



CALENDRIER et PORTAIL EMPLOI

www.sante-sexuelle.ch/calendrier

Calendrier des rendez-vous importants du domaine de la santé sexuelle.

www.sante-sexuelle.ch/portail-emploi

Offres d'emploi du domaine de la santé sexuelle en Suisse.